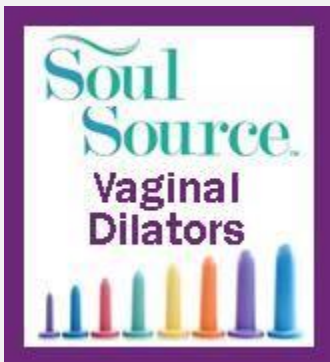




ASSOCIATION OF PHYSICIAN ASSISTANTS
IN OBSTETRICS AND GYNECOLOGY

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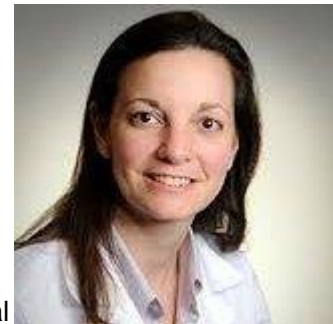


APAOG Webinar Series Upcoming Webinar *Register Today!*

Managing Menopause

November 13, 2018
5PM PT/ 7PM CST/ 8PM ET

**Speaker: Rachel Ditoro, MSPAS,
PA-C**



Description:

Menopause and aging are associated with negative changes to the brain, skeletal, cardiovascular and urogenital systems. Menopausal symptoms, most commonly hot flashes, sweating, insomnia, vaginal dryness and discomfort, significantly affect the quality of life for many women at this stage in their lives.

Menopausal hormone therapy (MHT) is the most effective intervention for the management of these symptoms, however following the Women's Health Initiative (WHI) study in 2002 use of MHT declined sharply. Review of later subgroup analysis and follow-up phase evaluation now supports use of MHT in selected menopausal women for relief of these symptoms. Non-hormonal therapies are also available, as well as over-the-counter supplements for symptom relief, and should be explored in order to fully counsel patients about all of their options.

Objectives:

By the end of this webinar, participants will be able to:

- Determine appropriate use of menopausal hormone therapy (MHT) within select patient populations.
- Describe non-hormonal therapies for the alleviation of menopausal symptoms.

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- Discuss over-the-counter preparations menopausal patients may be taking.

About the speaker:

Rachel Ditoro, MSPAS, PA-C currently serves as an Associate Professor and is the Director of Educational Competency and Strategic Innovation in the Physician Assistant Program in the College of Health Sciences at Salus University in Elkins Park, Pennsylvania.



This program has been reviewed and is approved for a maximum of 1.00 AAPA Category 1 CME credits by the PA Review Panel. PAs should claim only the credit commensurate with the extent of their participation in the activity.

This program was planned in accordance with AAPA's CME Standards for Live Programs and for Commercial Support of Live Programs.

[Register here](#)

"When Sex Hurts" August 28 Webinar Recording Now Available

Members may now view the August 28 APAOG webinar "When Sex Hurts: Identifying and Treating the Causes of Sexual Pain" on the APAOG website. Additional previous APAOG webinars are also available to members as well.

Recorded webinars can be accessed anytime. [Click here](#) to view the webinar library*.

**Must be logged in to view webinar library.*

Clinical Update

USPSTF Publishes Updated Cervical Cancer Screening Recommendations

The USPSTF published updated recommendations for cervical cancer screening in the August 21st issue of JAMA. ASCCP commended the USPSTF for its support of multiple screening options for women. The new recommendations support that use of

primary hrHPV testing alone for screening in women age 30-65yo. More specifically, the USPSTF supports the use of cytology alone every 3 years, hrHPV testing alone every 5 years, or cotesting every 5 years for this population.

The article goes on to say that switching from cytology alone to hrHPV testing alone at age 30yo offers similar cancer reducing benefits as making the same switch at age 25yo, but results in fewer colposcopies. They continue to support the use of cytology alone every 3 years in women age 21-29yo, and no cervical cancer screening in women <21yo, >65yo, or following hysterectomy where the cervix has been removed and there is no history of high grade cervical dysplasia or cervical cancer.

[Access full article here.](#)

APAOG's Newest Members

Welcome to APAOG's newest members!

Fellow

- Zoe Call
- Carine Cattier
- Carolyn Steinhauser
- Megan Veale

Student

- Jessica Dominguez
- Tess King
- Janet Lui-Tankersley
- Kelley Stem
- Kara Williams

Associate

- Katherine Duhamel

APAOG Membership Renewal Set to Open in October!



Watch for an email with instructions on how to renew for the 2019 membership year coming soon.

Free ARHP CME HIV Webinar Opportunities

Offered via the Association of Reproductive Health Professionals (ARHP)

Description:

According to the CDC, in 2015, there were an estimated 38,500 new HIV infections, down from 41,800 in 2010. While great progress has been made in preventing and treating HIV, there is still much work to be done. This two-webinar series examines clinical providers' vital role in HIV prevention.

Webinar 1: HIV Prevention: Frontline Providers' Role in "Getting to Zero"

September 25, 2018 | 4:00pm EDT

[Register Here](#)

Webinar 2: HIV Prevention in the Clinical Setting

November 1, 2018 | 2:00pm EDT

[Register Here](#)

APAOG Career Board - Job Openings

Do you need an open position filled? Post your job opening with APAOG today!

[Click here](#) to submit your job posting today! Postings run 45 days and are *complimentary for APAOG members!*

[Full-Time Physician Assistant, Women's Health](#)

DuPont Circle, Washington, D.C.

Upcoming Events

PA Week 2018

Oct. 6-12

[Learn more](#)

PFD Week 2018

October 9-13, 2018, Chicago, IL

[Learn more](#)

Wisconsin Section, ACOG 2018 Annual Conference

October 12-13, 2018, Sheboygan, WI

[Learn more](#)

ARHP Free HIV Webinar 1/2

September 25, 2018

[Register here](#)

ARHP Free HIV Webinar 2/2

November 1, 2018

[Register here](#)

APAOG Webinar: Managing Menopause

November 13, 2018

[Register here](#)

ISSWSH Fall Course 2018

November 15-17, 2018, Scottsdale, AZ

[Register here](#)

View the updated [APAOG calendar](#) for 2018 events! [Email APAOG](#) to promote an event in your area today!

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