



ASSOCIATION OF PHYSICIAN ASSISTANTS
IN OBSTETRICS AND GYNECOLOGY

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The Harmony Prenatal Test
is validated for pregnant
women of all ages*

*Both under 35 and over 35 age groups, studies have included women ages 18-48. This is a lab developed test and has not been cleared or approved by the US FDA.

Happy #PAWEEK 2017

Each year from October 6-12, we celebrate National PA Week, which recognizes the PA profession and its contributions to the nation's health.

This week is also an opportunity to raise awareness and visibility of the profession. Before it was a weeklong event, National PA Day was first celebrated on October 6, 1987, in honor of the 20th anniversary of the first graduating class of PAs from the Duke University PA program. October 6 is also the birthday of the profession's founder, Eugene A. Stead, Jr., MD. Now the profession is [50 years strong!](#)

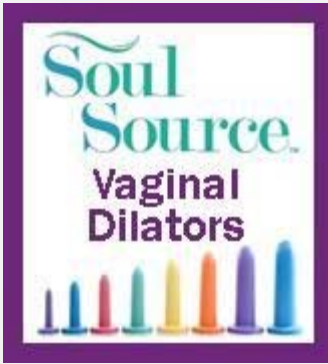
Register for the last webinar of 2017!

"Physical Therapy in Women's Health Care"

Thursday, November 16, 2017 - [Register Today!](#)
5PM PT/7PM CT/8PM ET

Speaker: [Carol Figuers, MS, PT, EdD](#), Professor, Doctor of Physical Therapy Division, Duke University School of Medicine

This webinar will provide potential referral information for the primary care provider working with patients who present with pregnancy and pelvic floor related concerns. In particular, the special evaluation and treatment skills implemented by the physical therapist to manage these complex musculoskeletal and behavioral issues will be described and discussed.



Objectives:

1. Understand the roles and responsibilities of the physical therapist in working with obstetrical patients during and after pregnancy and childbirth.
2. Recognize physical therapist interventions for prenatal and postpartum women.
3. Describe the types, causes and symptoms of urinary incontinence.
4. Identify the most common types of female pelvic pain.
5. Describe the role of the physical therapist in evaluation and intervention for pelvic floor dysfunction.

Clinical Updates

“Recently in Prescriber’s Letter a reminder of safe and unsafe antibiotic use in pregnancy was published. Antibiotics that should be avoided in pregnancy include quinolones and tetracyclines. Antibiotics that are considered generally safe in pregnancy include penicillins, cephalosporins, and clindamycin. Metronidazole labeling discourages use in pregnancy but no adverse effects have been seen with short courses. Use of certain macrolides (azithromycin and erythromycin) is considered safe but clarithromycin has been linked to birth defects. Trimethoprim should be avoided in the first trimester due to its folic acid antagonistic action. Nitrofurantoin should be avoided in the third trimester due to associated rare cases of hemolytic anemia of the newborn.”

A twin study published in the journal *Brain* finds that stroke risk is increased by up to 27% for patients who suffer from migraines with aura. The following is a statement from the article. “In conclusion, we observed no increased stroke risk related to migraine overall but there was a modestly increased risk for stroke related to migraine with aura, and within-pair analyses suggested that familial factors might contribute to this association.” This further supports the avoidance of combination hormonal contraceptives in women who suffer from migraines with aura. According to U.S. Medical Eligibility Criteria for Contraceptive Use, 2016, the use of CHCs in patient with migraines with aura carries a category 4 recommendation : “A condition that represents an unacceptable health risk if the contraceptive method is used.”. Acceptable contraceptive options for patient with migraines with aura include copper IUDs, levonogestrel IUDs, implants, DMPA, and progesterone-only contraceptive methods. All of these methods carry a category 1 recommendation: “A condition for which there is no restriction

for the use of the contraceptive method.” The complete U.S. Medical Eligibility Criteria for Contraceptive Use, 2016 report can be found at the following [link](#).

APAOG's Newest Members

Welcome to the APAOG's newest members in September:

Fellow

- Alexandra Brady

Associate

- Holly McHugh
- Erin Weisler

Student

- Alicia Abbey
 - Ester Averó
 - Carlita Farmer
 - Angel Legare
-

APAOG Membership Renewal Set to Open in October!

Watch for an email with instructions on how to renew for the 2018 membership year coming this week!



Job Openings

[OB/GYN Full or Part-Time](#)

Cambridge, Massachusetts

[Seeking NP/PA\(Full or Part-Time\)](#)

Ocala, Florida

Are You Interested in Posting a Job? [Click here](#) to submit your job posting today! Job postings run for 45 days and are free for members.

Events

AHRP's 2017 Annual Meeting at the North American Forum on Family Planning

October 14-16, 2017

[Learn more](#)

APAOG Webinar:

Physical Therapy in Women's Health Care

November 16, 2017

[Learn more](#)

Email [APAOG](#) to promote an event in your area today!

Association of Physician Assistants in Obstetrics & Gynecology

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